

# [Rest] SPACE

WHERE REST  
GENERATES REVENUE



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# EXHAUSTION COSTS \$136BN EACH YEAR

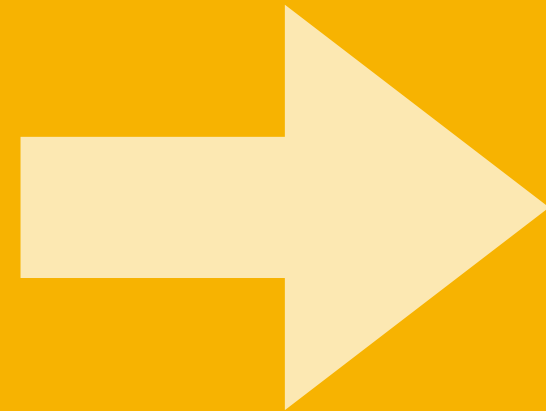
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- **Burnout** costs the UK economy **£28 billion a year**
- Job related **stress** is said to cost the US industry more than **\$300 billion**
- **Directly impacting businesses** through decreased productivity, increased absenteeism, higher turnover rates, and elevated healthcare expenses.

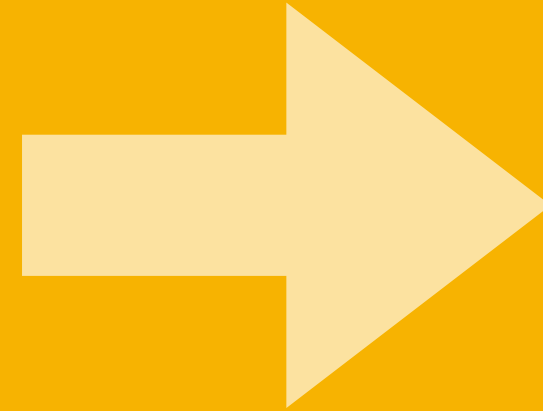


# FORCING EMPLOYEES TO HAVE 5 COFFEES, UNHYGIENIC TOILET NAPS AND TAKE DRUGS

80%



88%



69%

**ARE ALREADY NAPPING  
AT WORK**

\*toilet is the main place

**TELL US THEY DON'T  
HAVE A SUITABLE SPACE  
TO REST AT WORK**

\*wasting time with sub-par alternatives

**SAY ALTERNATIVE  
SOLUTIONS DO NOT  
WORK**

\*Coffee, sugar, walks, wellbeing  
apps

# THE WORKPLACE IS EVOLVING *to include*

## Modular Solutions

Open plan offices need **modular solutions**

Room.com phone booths **raised £50m**, addressing the growing need for privacy in open space designs

## Wellbeing Spaces

87% of workers would like their employer to offer healthier workspaces (**wellbeing rooms, meditation spaces** etc) - Forbes

63% of HR leaders highlight wellbeing as their biggest priority

## Neurodivergent Spaces

Offices are prioritising **sensory deprivation and privacy spaces.**

As 20% of population is neurodivergent.

# THIS IS WHY WE'VE CREATED

*the best space to rest*

Improve **performance and productivity** by 34%

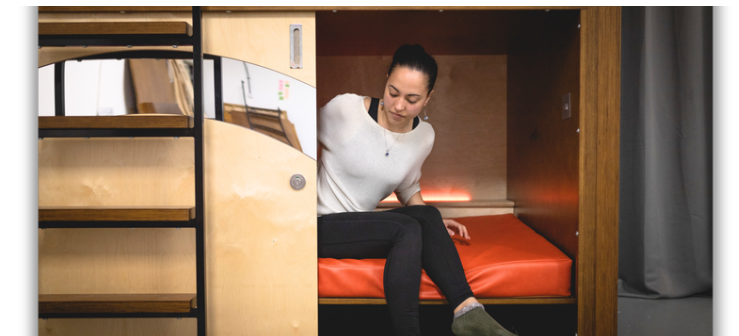
Improve **decision making** and boost **creativity** by up to **78%**

**Reduce stress** and reduce chances of **heart disease** by up to **37%**



## TRANQUIL

Calming lighting, natural materials and soothing sounds



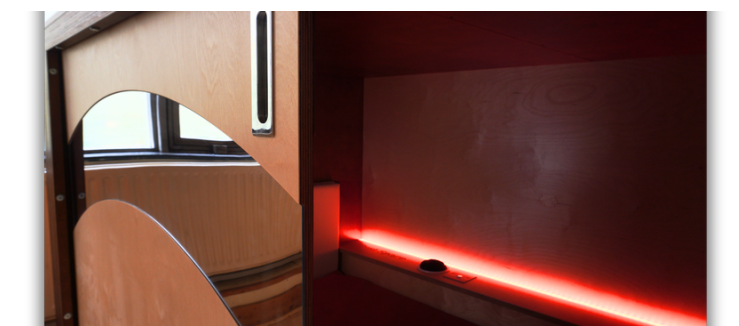
## HYGENIC

Easy clean, antimicrobial coating and built in ventilation



## PRIVATE

complete privacy and sound proofing



## SUSTAINABLE

Driven by a sustainable mission, for both people and planet



# HAPPIER, HEALTHIER *productive employees*

## **B2B Sales**

**£10,975 a Rest Space**

**Better value than an app at**

~£10per head lifetime cost

Leasing and credit options available

55%

profit margin\*

\*current margin in R&D phase

\*the alternative of wellbeing apps cost from £34 to £100 per employee a year



# Millions OF LIVES ARE IN BETTER CARE

through our work with  **TRANSPORT  
FOR LONDON** and  **NHS**  
EVERY JOURNEY MATTERS

“ The relief was immeasurable both physically and psychologically. I didn't have to choose between the health of my baby and my work; we had waited 6 years to fall pregnant' - Rest Space User ”

100% of doctors said they would be using the Rest Space again





# THE \$55BN WORKPLACE WELLBEING MARKET NEEDS A *great rest solution*

## TO MEET THE 2030 \$4.49BN GLOBAL NAP POD MARKET OPPORTUNITY\*

Nap pods offer a targeted solution to address specific aspects of workplace wellbeing, such as fatigue management and stress reduction, contributing to overall employee wellness and organizational performance.

Just some of the  
companies buying rest  
solutions

\*Global Sleeping Pods Market is poised to grow to USD 4.49 billion by 2030  
<https://www.skyquestt.com/report/sleeping-pods-market>



# WE ARE RAISING 250K SEIS TO ACHIEVE OUR

*growth potential*



## **Sell to 10 FTSE 100 companies in next year**

Boost sales and build strong pipeline  
and brand presence at industry events.

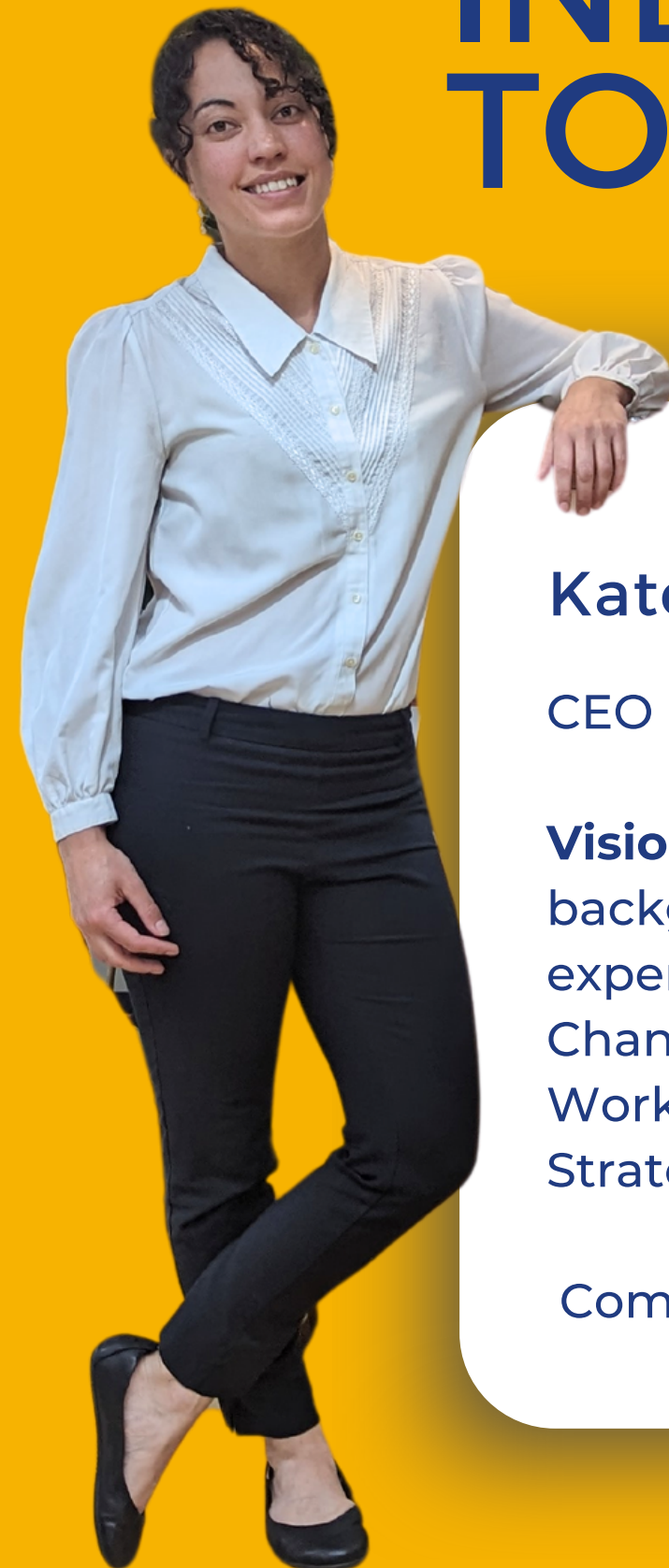
## **Recruit top talent**

Enhancing our team by recruiting  
top talent in sales, operations,  
design, and customer experience

## **Creating an iconic product**

Future proofing Rest Space  
through R&D and creating an  
iconic product for diverse work  
environments.

*10+ years* **IN THE SERVICE  
INDUSTRY HAS PREPARED US  
TO SOLVE THIS**



**Kate Mulligan**

CEO | Co founder | Director

**Visionary** - Tech and finance background, 10+ year hospitality experience, Diversity and Inclusion Change Agent, Community lead, Workplace Sleep and Wellbeing Strategist.

Computer Science BSc



**Supa Chantschool**

COO | Co founder | Director

**Pragmatist** - Life Sciences Consulting and Neuroscience background, 10+ years running hospitality businesses, Health and Fitness Advocate.

International Health Management  
MSc

# The B1G vision

## 1 Year

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- B2B In 10+ FSTE 100 companies
- Develop iconic look to the Rest Space

## 3 Year

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- Expanding globally (EU, US)
- Expanding cross sector (Travel industry, transport, events)

## 5 Year

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- Opening own locations inspired by capsule hotels, providing on demand rest, using a gym business model with corporate partnerships
- Integrating advanced tech with health data tracking and a smart environment that adjusts to this data (sounds, lights, temperature, smells etc) - giving you the best rest

## 10 Year

- In every workplace, in every city
- Consumer solution product - Tech solution repackaged to give you the best rest at home
- Launched deep tech solution with brainwave training capability for consistently perfect sleep

*join us in*  
**RESHAPING THE  
FUTURE OF WORK**

Get in touch  
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